

Guardian Quest Martial Arts

2782-E Sweetwater Springs Blvd. Spring Valley, CA 91977 <http://www.gqdojo.com> 619-582-8770

BULLY-STOP



Bully-Stop

(With Special Advanced Adult Training)

Friday September 28, 2012

5-7 PM

5:00-6:00 Focus on Children Strategies

6:00-7:00 Focus on Adult Strategies to handle bully situations

Our goal is to stop the bullying without a fight if we can.

6:00- In the adult-training session, we will cover a little known system called SEAL (Stop, Examine, Ask, Lock) with Dr. Conway's unique "Lock" System. We will also cover how to work with the other parent and with the school to bring a stop to the bullying.



5:00 - We will teach some physical techniques so kids can protect themselves against physical bullying. Kids will learn a psychological trick to be immune to most bullying. (It works for adults, too!) We will also teach some key social techniques to put a stop to bullying, period.

Cost: FREE (Donations appreciated, \$20 max)

This may be the most important and powerful training you might ever receive for solving the unsolvable. So often, we get caught up in who's to blame that we don't realize that the goal is not being reached. Rather than get stuck there, SEAL done Dr. Conway's way (using his unique "Lock" system) gets right to a solution or makes the REAL problem 100% clear.